

Hello CTAB Family!



Hope you are doing well and still holding up in quarantined week 13. We are excited to announce that with Virginia going into Phase 2 of re-opening, we have decided that we would re-open as well, starting July 6!

Our training location will be outdoors, as Virginia has still not opened school facilities for practicing (<https://www.fairfaxcounty.gov/parks/coronavirus>). However, if you have been in the CTAB program- training outdoors is nothing new to our staff, as we've run many sessions outdoors in our early seasons.

Although we have been training virtually, we have also been working on ways to make our in-person training safe. Please understand that we are reopening only as government officials and health authorities allow. We wish to create a proper balance between our desire to train and your health!

When we reopen, you will still have the options to train virtually (held every Tuesday and Thursday at 3pm) and/or to do in-person (held Monday and Wednesdays from 5-7pm).

Rules for in-person training:

- **DO NOT PARTICIPATE IN ANY SESSION IF YOU ARE SICK OR EXPERIENCING COVID-19 SYMPTOMS.**
- Do not bring family members or friends if they are sick or experiencing COVID-19 symptoms.
- A pre-screen may be required for all players.
- Each trainer will only work with two players max at a time.
- Appropriate social distancing rules will be in place, requiring trainers and players to remain at least 6-feet apart during sessions.
- Only players and trainers will be permitted on the courts. All other persons must wait off the court at an appropriate social distance (i.e., at least 6-feet) from any other persons.
- Masks will not be required unless appropriate social distancing is not possible. TO that end, all players must bring a mask with them in the event one is needed.

- All staff is trained to participate in cleaning and disinfecting.
- All equipment will be cleaned before the next training session. Players are encouraged to bring their own basketball.
- Hand sanitizer will be available for all persons. Trainers and players will be required to use hand sanitizer at the start of the training session before stepping on the court, and at the end of the training session.
- Players must bring a towel and water bottle.

We encourage you to help keep yourself, other trainees and their families safe by familiarizing yourself with, and following, state/provincial and local guidelines (<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/activities.html>).

Please let us know as soon as possible if you would like to return to in-person training OR if you would like to start back (or continue) virtually. **In-person space is very limited, as we are still being cautious of our current situation.** We hope that we will be able to get back to normal sessions shortly!!

Thank you for your continued commitment to CTAB. We will see you soon!

**IMPORTANT NOTE:** In-person training sessions will resume to normal training prices. Please [click here](#) for review. Also, all in-person training will require all to sign an updated waiver form, *prior* to the training session.